



K.L.E. SOCIETY'S ENGLISH MEDIUM CBSE SCHOOL, NIPANI.

Year Planner 2026-27

Grade: II ABC

Subject	Month	Chapter	Learning Outcomes	Skill Developed	Assignments
English	April	Briedge course			
	June	The Grateful Gull	Students will understand the story ,identify characters ,learn new words and answer comprehension questions.	Reading comprehension,vocabula ry,moral understanding	Write 5 new words with meanings, answer textbook questions.
		No One Can See Me! + If I Could Be a Fairy Now	Students will develop imagination,understand feelings,and express ideas from the story and poem.	Creative thinking, speaking, reading fluency	Write a few sentences on “ If I were a fairy...”
	July	The Lost Laugh	Students will understand the importance of happiness and emotions through the story.	Listening skills, comprehension, communication	Make sentences using new vocabulary words.
	August	Grandma Walks to the Park+ Have You Seen the Cuckoo Bird?	Students will appreciate relationships, nature, and poetry.	Reading aloud, pronunciation, expression	Recite poem with actions; write about a family member.
	September	Rabbit Shares His Turnip	Students will learn the value of sharing and kindness.	Moral reasoning, storytelling, writing skills	Write a short paragraph on “ Sharing is Caring”.
	October	Bumoni’s Banana Trees+ The Sun	Students will learn about nature and understand descriptive language.	Observation, vocabulary, creative writing	Draw and describe a plant/ tree or mention the parts of a plant
	November	I Found a Frog + Owl and the Moon + The Raindrops	Students will explore animals, nature, and poems with rhythm.	Reading comprehension, imagination, recitation	Write five sentences about an animal; poem recitation
	December	Jane and the Chimps	Students will understand animal life and develop empathy towards living beings	Reading, critical thinking, vocabulary	Prepare a chart or collect any five animals picture and write a sentence about each.

	January	A Very Special Thing	Students will identify special qualities and express personal thoughts.	Creative expression, paragraph writing	Write about any special thing or gift in few words.
	February	The Dinner Party+ Daffodowndilly	Students will revise reading skills, poetry appreciation, and storytelling.	Communication, revision, confidence building	Answer the questions and revision worksheets
	March	Revision and Assessment	Students revise all chapters, grammar, vocabulary, and writing skills.	Application, recall, overall language development	Practice worksheets and final assessment preparation.
	June	ಅಕ್ಷರ ಕಲಿಕಾ ಪಾಠ -೧, ೨ ಪದ್ಯ - ೧ ಸ್ವರಚಿಹ್ನೆ ಮತ್ತು ಆ ಆ ಕಾರ ಪದಗಳು	ಚಿತ್ರ ನೋಡಿ ಪದಗಳನ್ನು ಬರೆಯುವರು ಸರಳ ಪದಗಳನ್ನು ಓದುವರು ಅ ತಲೆಕಟ್ಟು ಮತ್ತು ಆ ತಲೆಕಟ್ಟಿನ ಇಳಿ ತಿಳಿದುಕೊಳ್ಳುವರು	ಓದುಗಾರಿಕೆಯ ಕೌಶಲ್ಯ ಹಾಡುಗಾರಿಕೆ ಕೌಶಲ್ಯ ಗ್ರಹಿಕಾ ಕೌಶಲ್ಯ	ಕಿರು ಪರೀಕ್ಷೆ
English	July	ಅಕ್ಷರ ಕಲಿಕಾ ಪಾಠ - ೨,೪ ಪದ್ಯ-೨ ಇ ಈ ಕಾರ ಪದಗಳು	ಅಕ್ಷರಗಳನ್ನು ಬಳಸಿ ಪದರಚಿಸುವರು ಶುದ್ಧ ಉಚ್ಚಾರಣೆಯಿಂದ ಹಾಡುವರು ಗುಡಿಸು ಮತ್ತು ಗುಡಿಸನ್ ದೀರ್ಘ ತಿಳಿದುಕೊಳ್ಳುವರು	ಬರವಣಿಗೆಯ ಕೌಶಲ್ಯ ಅರ್ಥಗ್ರಹಣ ಕೌಶಲ್ಯ	ಅಭಿವ್ಯಕ್ತಿ ಆಧಾರಿತ ಕಿರು ಪರೀಕ್ಷೆ
English	August	ನನ್ನ ಸಾಧನೆ- ೧ ಪಾಠ- ೫ , ೬	ಸರಳ ಪದಗಳನ್ನು ರಚಿಸಲು ಕಲಿಯುವರು	ಓದುಗಾರಿಕೆ ಮತ್ತು	

		ಗದ್ಯ - ೩ ಪ್ರಾಸ ಪದಗಳು	ಸರಳ ಪದಗಳನ್ನು ಓದುವರು	ಬರವಣಿಗೆ ಕೌಶಲ್ಯ	ಲಿಖಿತ ಪರೀಕ್ಷೆ
English	September	ಗದ್ಯ - ೪ ಪದ್ಯ - ೫ ಉ ಊ ಕಾರ ಪದಗಳು ಸಮನಾರ್ಥಕ ಪದಗಳು	ಗುಬ್ಬುಚ್ಚಿ ಮರಿಗಳ ಕಥೆಯ ಬಗ್ಗೆ ತಿಳಿಯುವರು ಸರಳ ಪದಗಳನ್ನು ಓದುವರು ಮತ್ತು ಬರೆಯುವರು	ಪದಗಳನ್ನು ಅರ್ಥಮಾಡಿಕೊಳ್ಳುವ ಕೌಶಲ್ಯ ಅರ್ಥಗ್ರಹಣ ಕೌಶಲ್ಯ	ಮೌಖಿಕ ಪರೀಕ್ಷೆ
	October	ಪದ್ಯ- ೬ ಪಾಠ- ೭ ಋ ಎ ಏ ಕಾರ ಪದಗಳು	ಬಣ್ಣಗಳ ಬಗ್ಗೆ ತಿಳಿದುಕೊಳ್ಳುವರು ಪದಗಳನ್ನು ಅರ್ಥಮಾಡಿಕೊಳ್ಳುವರು	ಓದುಗಾರಿಕೆ ಮತ್ತು ಬರವಣಿಗೆ ಕೌಶಲ್ಯ	ಕಿರು ಪರೀಕ್ಷೆ
	November	ಪದ್ಯ- ೭ ಪಾಠ- ೮ ಐ ಒ ಓ ಕಾರ ಪದಗಳು	ಪದ್ಯದ ಅರ್ಥಗ್ರಹಣ ಪದಗಳನ್ನು ಗುರುತಿಸಿ ಓದುವರು	ಪದಸಂಪತ್ತು ಓದುವ ಕೌಶಲ್ಯ	ಲಿಖಿತ ಪರೀಕ್ಷೆ
	December	ಗದ್ಯ-೮ ಔ ಅಂ ಅಃ ಕಾರ ಪದಗಳು	ಬುದ್ಧಿವಂತಿಕೆಗೆ ಮಿಗಿಲಾದುದು ಯಾವುದು ಅಲ್ಲ	ಅರ್ಥಗ್ರಹಣ ಕೌಶಲ್ಯ	

		ಪಾಠ-೯ ಒತ್ತಕ್ಷರಗಳು	ಶುದ್ಧಉಚ್ಚಾರಣೆಯ ಮೂಲಕ ಓದುವರು ಮತ್ತು ಬರೆಯುವರು	ಓದುಗಾರಿಕೆ ಮತ್ತು ಬರವಣಿಗೆಕೌಶಲ್ಯ	ಕಿರು ಪರೀಕ್ಷೆ
	January	ಗದ್ಯ-೯ ಪಾಠ-೧೦	ರಾಮಕೃಷ್ಣನ ಬೆಕ್ಕು ಹೇಗೆ ದಪ್ಪವಾಯಿತು ಎಂದು ತಿಳಿದುಕೊಳ್ಳುವರು ಚಿತ್ರ ನೋಡಿ ಪದ ಹೇಳುವರು	ಅರ್ಥಗ್ರಹಣ ಕೌಶಲ್ಯ ಪದಸಂಪತ್ತು	ಲಿಖಿತ ಪರೀಕ್ಷೆ
	February	ಗದ್ಯ-೧೦ ಪಾಠ-೧೧ ನನ್ನ ಸಾಧನೆ -೩	ಈರಣ್ಣನ ಜಿಪುಣತನದ ಬಗ್ಗೆ ತಿಳಿದುಕೊಂಡರು ಅಕ್ಷರಗಳನ್ನು ಸರಿಯಾಗಿ ಉಚ್ಚರಿಸಲು ಕಲಿಯುವರು	ಗ್ರಹಿಕಾ ಕೌಶಲ್ಯ ಓದುಗಾರಿಕೆ ಮತ್ತು ಬರವಣಿಗೆ ಕೌಶಲ್ಯ	ಮೌಖಿಕ ಪರೀಕ್ಷೆ
	MARCH				
Hindi	April				
	June	१. सोने जैसे दिन है इसके	* अपने देश के बारे में जानेंगे । * कविता का लययुक्त वाचन करेंगे ।	* पठन कौशल * वाचन कौशल * लेखन कौशल	अपने देश के बारे में ५ वाक्य लिखने के लिए कहना।
	July	२. सुरकन्या	स्वतंत्रता का महत्व समझेंगे । * पशु-पक्षियों को समान नजर से देखेंगे ।	* पठन कौशल * वाचन कौशल * लेखन कौशल * कल्पनाशक्ति कौशल	पशु-पक्षियों के बारे में ५ वाक्य लिखने के लिए देना ।

	August	३. मैं बड़ा हो रहा हूँ ।	* संतुलित आहार का महत्व जानेंगे। * माता- पिता का आज्ञाकारी बनेंगे ।	* पठन कौशल * वाचन कौशल * लेखन कौशल	में और मैं के ५ वाक्य बनाने के लिए कहना।
	September	४. काली कोयल	छात्र पाठ का सही उच्चारण के साथ वाचन कर पाएँगे ।	* पठन कौशल * वाचन कौशल * लेखन कौशल	एकवचन और अनेकवचन के ५ शब्द लिखना।
	October	५. पेड़ों की महिमा	* पेड़ लगाना * औषधिय पेड़ पौधों का नाम लिखना ।	* वाचन कौशल * लेखन कौशल	* अलग – अलग पेड़ों के बारे में ५ वाक्य बोलना ।
	November	६. रानी मधुमक्खी की चतुराई	* किसी को बेवजह परेशान नहीं करेंगे । * सभी का सम्मान नहीं करेंगे ।	* वाचन कौशल * लेखन कौशल	* संयुक्त वर्ण वाले शब्द लिखिए ।
	December	७. इतनी बात	* मितव्ययी बनेंगे । * दूसरों का ध्यान रखेंगे । * परोपकारी बनेंगे ।	* पठन कौशल * वाचन कौशल * लेखन कौशल	छात्र को कविता लिखने के लिए कहना ।
	January	८. समझदार मंत्री	* चित्र देखकर कहानी सुनना।	* वाचन कौशल * लेखन कौशल	सर्वनाम के ५ वाक्य बनाना ।
	February	९. आ गया बसंत	* भारत वर्ष में बदलाव का प्रकृति पर असर पड़ता है – जानेंगे ।	* वाचन कौशल * लेखन कौशल	बच्चों को अपने पसंद के ऋतु के बारे में ५ वाक्य लिखने के लिए कहना ।
Maths	June	Numbers up to 200	• The students will able	Number recognition,	Compare the Numbers

			to, • Compare and order the numbers and arrange them in the ascending order and descending order. • Identify odd and even numbers. • Understand and write the skip counting of 2,3,5 and 10 • Identify and write ordinal numbers from 1 to 10.	Counting skills, Observation Memory, Sequencing, Reading skills	(Write >, < or =) 145 ____ 154 1. 198 ____ 198 2. 167 ____ 176 3. 120 ____ 102
	June	Addition up to 99	The students will able to, • Understand the Addition of 2-digit and 1- digit numbers with and without regrouping. • Analyze Addition of two 2-digit numbers with and without regrouping. • Perform Addition of three numbers • Analyse Addition of the numbers by using different addition facts. • Solve different story sums based on addition.	Number sense, Observation, Mental calculation Problem-solving, Logical thinking, Step-wise calculation	Riya has 25 chocolates. Her friend gives her 18 more chocolates. How many chocolates does she have altogether?
	July	Subtraction up to 99	The students will able to,	Number sense, Observation, Mental	Assignment:

			❖ Understand the concept of subtraction within 99, including regrouping. ❖ Demonstrate fluency in solving subtraction problems up to 99. ❖ Apply subtraction skills to solve problems in various context.	calculation Problem-solving, Logical thinking, Mental calculation Critical thinking, Comprehension, Application skills	Meera has 75 chocolates and shared 32 chocolates with her friends. How many chocolates does Meera have left?
	July	Shapes around us	The students will able to, ❖ Understand properties of shapes (e.g. number of sides, corners). ❖ Describe and compare shapes based on their properties. ❖ Create and identifies shapes using various materials (e.g. paper, blocks) Recognize shapes in everyday life (e.g. building, wheels, furniture)	Observation, Shape recognition, Visual discrimination Analytical thinking, Observation, Classification	Collect the objects listed below and trace their bases and identify the 2-D shapes you will get after tracing the following 3-D shapes. a) Book b) Bottle cap c) Geometry box d) Ball
	August	Numbers up to 999	The students will able to, ❖ Identify and read numbers up to 999. ❖ Understand the concept of place value and expanded form in 3-digit numbers. ❖ Compare two or more	Number recognition, Counting skills, Observation Conceptual understanding, Analytical thinking,	Arrange the given digits 4, 5, 2 to make all possible 3-digit numbers, find the smallest and the greatest 3-digit number

			numbers up to 999 using $<$, $>$, $=$. ❖ Arrange numbers up to 999 in ascending and descending orders.	Logical reasoning	
	September	Revision			
	October	Addition and subtraction up to 999	Students will able to, • Add 2-digit numbers. • Add 3 digit numbers and 3-digit numbers. • Solve word problems of addition and subtraction. Make subtraction facts using addition fact.	• Number sense, • Observation, Accuracy, • Mental calculation • Problem-solving, • Logical thinking, Step-wise reasoning	Assignment: There were 485 cows in a heard ,145 more cows joined them. how many cows are there in the heard now?
	November	Multiplication	Students will able to, • Multiply two numbers by using repeated addition • Learn multiplication tables of 2, 3,4, 5, and 10. • Understand different multiplication story sums.	• Conceptualunderstan ding, • Counting, Observation • Problem-solving, • Critical thinking, Application skills	Assignment: Sudheer wants to buy 3 toffees each for his friends, how many toffees does he need?
	November	Patterns	Students will able to, ❖ Recognize patterns made of objects, shapes letters or numbers ❖ Create shape patterns,	Observation, Visual discrimination, Sequencing Logical thinking,	Assignment: Complete the given patterns a) 5A, 10B, 15C, 20D, __,

			number patterns and alphabet patterns. ❖ Understand extend a pattern on the basis of the identified and repeating unit.	Number sense, Analytical thinking, Sequencing	—, — b) AB, BA, AB, __, __, __
	December	MEASUREMENTS	Students will able to, • Measure the length of an object by using ruler and measuring tape. • Estimate the length of an object in centimeter, meter, and kilometer. • Measure the weight of an object in grams and kilograms. • Compare the weight of two object. • Identify the capacity of a vessel.	Observation, Estimation, Comparison Analytical thinking, Accuracy, Practical application	Assignment: If pencil is 15cm long and it is divided in to 3 parts, how long is each part?
	January	Time	Students will able to, • Read and write the time shown in the clock. • Write the days and month in order. Read and interpret calendar.	Observation, Number recognition, Sequencing Number sense, Conversion skills, Comprehension	Assignment: Write the times for your daily routine. (e.g waking up, breakfast, school, lunch, dinner, and bed time)
	January	Money	Students will able to, • Count the value of notes and coins. • Exchange bigger value	• Observation, • Recognition, Classification • Addition	Assignment: Rani bought hair clip for 30 rupees she gave 50 rupees note

	July	Lesson 3: The food I Eat Lesson 4: Houses and Clothes	- To state the importance of having different kinds of food - To list food that help the body grow, work and be healthy - discuss why we must not have junk food regularly - To describe different types of houses - To discuss clothes worn in different seasons	- Classification - Decision - Making - Awareness - Observation - Classification - Awareness	- Worksheet (match/sort food items), - verbal questioning - Worksheet (matching and sorting) - oral questioning
	August	Lesson 5: How Do We Use Water Lesson 6: Air Around Us	- To list uses and sources of water - To explain how water reaches the taps - To apply methods to clean and save water - To prove that air is everywhere - To list uses of air - To explain how air becomes dirty	- Awareness - Observation - Responsibility - Observation - Awareness - Thinking skill	- Verbal questioning - Worksheet (Match uses). - Simple activity like feeling air (blowing, using a fan). - Observing moving leaves, flowers, grass, wind bell. - Balloon activity to show air occupies space.
	September	Lesson 7: Plant Around Us	- To list different parts of a plant - To explain different types of plants	- Observation - Classification - Awareness	- Nature walk to observe plants - Collection of different types of leaves, flowers

		Lesson 8: Uses of plants	• To list useful things obtained from plants • To explain plants as shelter for many animals	• Observation • Classification • Awareness • Thinking skill	• Identification of forms of plants(Herb, Shrub , Tree) • Show the plant product such as (fruits, vegetables, wood), • Sorting activity (uses of plants)
	November	Lesson 10: Wild Animals	• Identify land animals and animals that live in or near water • To describe a zoo • To discuss food of land and water animals	• Observation • Awareness • classification	• Show pictures and videos of wild animals • Discus about the habit and importance of protecting them
	December	Lesson 11: Nature and human made things Lesson 12: Beautiful Earth	• To classify things into nature and human made ones • identify the natural things used to make human made things • To discuss different water bodies and land forms of the earth • To explain that the earth is our home	• Observation • Classification • Critical Thinking • Observation • Appreciation • Awareness	• Work sheets (classify items) • Drawing the earth, identifying land and water • Discussion on earth clean
	January	Lesson 13: The sky	• To explain why the sky is blue • To describe the sun, the moon and the stars	• Observation • Thinking skill • Vocabulary	• Oral question • Drawing • Evaluation • Participation

	February	Revision			
Computer-science	June	1.Computer – A Smart Machine	- Students understand that a computer is a smart machine. - Students learn how computers help in many tasks quickly.	- Thinking and understanding skills. - Observation and awareness skills,	- Draw a smart computer. - Write 2 ways computers help us.
	July	2. Parts of a Computer	- Students identify main parts of a computer. - Students learn functions of each part.	- Identification and naming skills. - Visual learning skills.	- Draw and label 4 parts. - Write one function of each part.
	August	3. Working of a Computer	- Students understand input, process, and output. - Students learn basic working steps of a computer.	- Logical thinking skills. - Sequencing skills.	- Draw the working cycle. - Give one example of input and output.
	September	4. Operating a Computer	- Students learn how to start and shut down a computer. - Students understand basic operations	- Practical handling skills. - Step-following skills.	- Write steps to start a computer. - Write steps to shut down.
	October	Revision	- Computer – A Smart Machine - Parts of a Computer - Working of a Computer - Operating a Computer		
	November	5. The Keyboardand Mouse	- Students learn types of keys on a keyboard. - Students understand functions of keys. - Students learn	- Typing skills. - Recognition of keys. - Hand-eye coordination.	- Draw and label keyboard keys. - Write functions of 2 keys. - Draw a mouse.

			- functions of a mouse. - Students understand clicking and dragging	Motor skills.	Name two mouse actions
	December	6.Introduction to Tux Paint	- Students learn basic tools in Tux Paint. - Students create simple drawings.	- Creativity skills. - Drawing and coloring skills.	- Create a drawing in Tux Paint. - Use at least 3 tools.
	January	7.Introduction to ScratchJr	- Students learn basics of ScratchJr. - Students understand simple animation.	- Logical thinking skills. - Creativity and storytelling skills.	- Make a small animation project. - Use at least 2 blocks.
	February	8.AI Around Us , Robots Around US	Explain the importance of AI and Robots	Identify AI in daily life	Draw two AI devices you see at home.
Physical Education	April	Mass PT exercise	Help to tone up the body ,improves muscle strength, boost endurance and provides more oxygento brain.	"Stand at ease and attention", class formation, 1 to 3 standing exercise with 16 counts for each exercise.	
	June	100 mtr Running race	Patience, self confidence and self esteem.	Start, Running and finish	
	July	Mass PT exercise	To Improve Stability and Balance	"Stand at ease and attention"	
	August	Hoops Exercises	To Build Strength	"Stand at ease and attention" 4 to 10 standing exercise and 1 to 5 sitting exercise with 16 counts for each exercise.	

	September	Hoops Exercises	To Increases Endurance	Practice with music	
	October	Hoops Exercises	Help to tone up the body ,improves muscle strength, boost endurance and provides more oxygen to brain.	No 4 Exercise Practice	
	November	Lemon and spoon race	To Improve Stability and Balance	Speed, agility,adroitness of the player is prime factor needed to play the game.The motor skills and strength of musclesto run fast is needed.	
	December	Frog Jump	To Build Strength	broad jump, hops forward on two feet, run smoothly, skips,	
	January	Dog and Bone game	To Increases Endurance	Running, coordination, Stamina,	
	February	Warm up stretching exercise	Maintains fitness and overall	Leg swings, Arm circles, Shoulder rolls, High knees, Neck turns, Hip swings,Jumping jack	
	March	Long Jump	Understand how to complete each phase to create maximum	take -off, flight and landing	
Yoga	June	Tadasana (Mountain Pose)	➤ Improves posture and balance.	❖ Balance	
		Vrikshasana (Tree	➤ Enhances focus and leg		

		Pose) Balasana (Child's Pose) Bhujangasana (Cobra Pose) Marjariasana (Cat-Cow Pose) Adho Mukha Svanasana (Downward Dog)	strength. ➤ Relieves back tension and calms the mind ➤ Strengthens spine, opens chest. ➤ Increases spinal flexibility. Strengthens arms, improves circulation	❖ Flexibility ❖ Posture Concentration	
	July	Navasana (Boat Pose) Phalakasana (Plank Pose) Dandasana (Staff Pose) Ustrasana (Camel Pose) BaddhaKonasana (Butterfly Pose) Viparita Karani (Legs-Up-the-Wall)	➤ Strengthens core and balance. ➤ Improves endurance and core power. ➤ Improves posture and spinal alignment. ➤ Opens chest, strengthens back. ➤ Opens hips and inner thighs. ➤ Relieves tired legs and anxiety.	❖ Strength ❖ Breathing control ❖ Relaxation Coordination	Practice these yoga asanas regularly with proper posture and breathing.
	August	hanurasana (Bow Pose) Salabhasana (Locust Pose) Matsyasana (Fish Pose) Parighasana (Gate Pose)	➤ Energizes and opens shoulders. ➤ Strengthens the spine and glutes. ➤ Opens the throat and heart. ➤ Opens side body and	❖ Breathing control ❖ Relaxation	Practice these yoga asanas regularly with proper posture and

		Anjaneyasana (Low Lunge) Kapalabhati (Breath of Fire)	improves lung capacity. ➤ Stretches groin, strengthens knees. ➤ Cleanses lungs, energizes body.	❖ Balance ❖ Flexibility	breathing.
	September	Malasana (Garland Pose) ParivrttaTrikonasana (Revolved Triangle) Gomukhasana (Cow Face Pose) Agnisara Kriya Padmasana (Lotus Pose) Eka Pada Rajakapotasana (Pigeon Pose)	➤ Opens hips and aids digestion. ➤ Detoxifies and strengthens legs. ➤ Stimulates digestive fire and detox. ➤ Deepens meditation and hip flexibility. ➤ Deep hip opener and emotional release.	❖ Relaxation ❖ Balance ❖ Flexibility	Practice these yoga asanas regularly with proper posture and breathing.
	October	Garudasana (Eagle Pose) Virabhadrasana I (Warrior I) Apanasana (Knee to Chest) Ardha Matsyendrasana (Half Spinal Twist) Halasana (Plow Pose)	➤ Builds balance and focus. ➤ Tones legs and builds stamina. ➤ Aids digestion and lower back relief. ➤ Improves digestion and spine flexibility Calms the mind and stimulates the thyroid.	❖ Strength ❖ Breathing control ❖ Relaxation Coordination	Practice these yoga asanas regularly with proper posture and breathing.
	November	UtthitaParsvakonasana		❖ Relaxation	

		(Extended Side Angle) Supta BaddhaKonasana (Reclining Bound Angle) Tittibhasana (Firefly Pose) Simhasana (Lion Pose) Surya Namaskar (Sun Salutation)	➤ Builds strength and stretch. ➤ Relaxes hips and pelvis ➤ Strengthens thighs and stretches calves. ➤ Improves balance and core. ➤ Clears throat chakra and relieves stress. ➤ Full-body energizer and warm-up.	❖ Balance ❖ Flexibility ❖ Breathing control	Practice these yoga asanas regularly with proper posture and breathing.
	December	Chakrasana (Wheel Pose) Ardha PinchaMayurasana (Dolphin Pose) ParipurnaNavasana (Full Boat Pose) Hanumanasana (Monkey Pose) –	➤ Opens chest and strengthens spine. ➤ Builds shoulder strength. ➤ Tones core and hip flexors. ➤ Increases leg flexibility	❖ Strength ❖ Breathing control ❖ Relaxation	Practice these yoga asanas regularly with proper posture and breathing.
	January	Parighasana (Gate Pose) Makarasana (Crocodile Pose) Shitali Pranayama Supta Virasana	➤ Stretches side body and lungs ➤ Calms nervous system. ➤ Cools the body and relieves stress.	❖ Strength ❖ Breathing control ❖ Relaxation Coordination	Practice these yoga asanas regularly with proper posture and breathing.

		(Reclined Hero)	➤ Deeply relaxes and stretches thighs.		
	February	Meditation – Chakra Visualization Handstand Prep Ashtavakrasana (Eight-Angle Pose) Cooling Breathwork	➤ Balances energy centers ➤ Builds upper-body strength. ➤ Enhances flexibility and strength ➤ Regulates energy after intense practice.	❖ Strength ❖ Breathing control ❖ Relaxation Coordination	Practice these yoga asanas regularly with proper posture and breathing.
	March	Vinyasa Flow Series UrdhvaDhanurasana (Full Wheel) Chakra Meditation with Visualization Savasana with Sound (Singing Bowl or Music) Mantra Chanting (Om Shanti)	➤ Linking breath to motion. ➤ Final heart opener. ➤ Balances and uplifts energy. ➤ Deep restoration. ➤ Cultivates peace and unity	❖ Relaxation ❖ Balance ❖ Flexibility	Practice these yoga asanas regularly with proper posture and breathing.
	June	Flower Garden	Students understand different types of flowers, their parts, and the importance of gardens in nature.	Observation skills, creativity, drawing skills, environmental awareness	Draw and label a flower garden or create a small garden model.
	June	Tree	Students learn about types of trees, their uses, and the importance of trees for life.	Critical thinking, conservation awareness, artistic skills	Draw a tree and write five benefits of trees.
	July	Paper Flower	Students learn to create flowers using paper and understand recycling concepts.	Fine motor skills, creativity, craft skills	Make a paper flower using coloured paper.
	August	Rain	Students understand the water cycle and the importance of	Scientific thinking, observation, environmental	Draw a rainy day scene and write the uses of rainwater.

			rainfall for living things.	awareness	
	August	Water Vessels	Students identify different types of water containers and understand their uses.	Knowledge of daily-life objects, comparison skills, creativity	Collect pictures of traditional and modern water vessels and prepare a chart.
	September	Paper Bag	Students understand the importance of using eco-friendly alternatives to plastic bags.	Craft skills, problem-solving, environmental responsibility	Make a paper bag and decorate it with creative designs.
	October	Scenery	Students learn about natural and man-made elements in a landscape.	Drawing skills, imagination, observation skills	Draw and colour a natural scenery picture.
	November	Ant and the Anthill	Students learn about ants, their homes, teamwork, and organization in nature.	Observation, teamwork, curiosity, scientific understanding	Draw an anthill and write five facts about ants.
	November	Bird Nest	Students understand how birds build nests and the importance of protecting birds.	Nature observation, creativity, empathy towards animals	Create a bird nest model using natural or waste materials.
	December	SalumaradaThimmakka	Students learn about the life and environmental contribution of SaalumaradaThimmakka and the importance of tree conservation.	Environmental awareness, inspiration, research skills	Prepare a short project on SaalumaradaThimmakka's contribution to nature.
	January	Bear Mask	Students learn about animals and develop creativity through mask-making activities.	Craft skills, imagination, hand-eye coordination	Make a bear mask using paper and other craft materials.
	January	Chandrayaan Rockets	Students learn about space exploration, rockets, and India's achievements in science.	Scientific curiosity, innovation, research skills	Draw or create a model of a Chandrayaan rocket and write a few facts about it.
	February	National Festival	Students understand the importance of national festivals and develop respect for national values.	Cultural awareness, communication skills, creativity	Prepare a poster or speech on any national festival.
Drawing	JUNE	Monkey	Students identify the monkey, its body parts, and habitat through drawing or craft.	Observation, drawing, coloring, fine motor skills, creativity.	Draw and color a monkey or make a monkey using paper.

	JULY	Day and Night Craft	Students understand the difference between day and night.	Cutting, pasting, sequencing, observation, creativity.	Make a day and night craft using colored paper.
	AUGUST	Cow Plate Craft	Students recognize the cow as a domestic animal and learn its uses.	Fine motor skills, paper plate craft, coloring, hand-eye coordination.	Create a cow face using a paper plate and color it.
	SEPTEMBER	National Flag	Students identify the Indian National Flag and its three colors.	Coloring, neatness, patriotism, observation.	Draw and color the National Flag and name its colors.
	OCTOBER	Maa (Mother)	Students express love and respect for their mother through art.	Creativity, emotional expression, drawing, coloring	Draw a picture of your mother and write one sentence about her.
	NOVEMBER	An Ant	Students identify an ant and learn about its habits.	Observation, drawing, coloring, creativity.	Draw and color an ant and observe ants around your home or school.
	DECEMBER	Leaf Printing	Students explore printing techniques using natural leaves and identify different leaf shapes.	Printing, creativity, texture exploration, fine motor skills.	Make a leaf printing artwork using leaves and poster colors.