



K.L.E. SOCIETY'S ENGLISH MEDIUM CBSE SCHOOL, NIPANI.

Year Planner 2026-27

Grade: 1 AB

Subject	Month	Chapter	Learning Outcomes	Skill Developed	Assignments
English	April	Bridge course			
	June	L no1.Our Favourite place Lno.2.Grandma's Vegetable Garden	Identifies familiar places, reads simple sentences, expresses likes and dislikes Identifies vegetables, understands the story, answers simple questions	*Reading *Comprehension *Vocabulary *Reading *Vocabulary building *Reasoning	Draw and label your favorite place Learn word meanings Draw and colour vegetables *Answer textbook questions *Learn word meanings
	July	A Kite (poem) Lno.3Daisy,the Cow	Recites the poem with proper rhythm and identifies rhyming words *Learn about domestic animals and their usefulness * Develop imagination	* Recitation of the poem *Listening *Imagination * Empathy & Sensitivity *Reading fluency *Vocabulary building	*Write the summary of the poem *Answer textbook questions *Learn word meanings Kite colouring and poem recitation *Write summary of the lesson *Question & Answers from the text. Draw a cow and write 3 sentences

	August	L no 4-The Naughty Kite	Understand elements of the story, sequence and develops imaginations *Identify characters and their roles *Develop speaking and expression skills	Reading *Speaking *Listening *Teamwork	*Learn and present a dialogue and story sequencing worksheet *Answers comprehension questions and answers
	September	Poem- I Ride My Bicycle L.no5-Going to the Pond	*Understand bicycle safety and uses simple sentence *Learn new words Identifies pond animals and observes nature	*Reading * Speaking *Observation *Critical *Reading * Speaking *Observation *Critical Thinking	* Draw and label a bicycle *Answer textbook questions * Poem recitation with action *Draw a pond scene*Answer textbook questions *Learn word meanings
	October	L no.6 The King's Drum	*Understand the moral and answers comprehension question *Develop vocabulary	*Reading * Speaking *Critical Thinking * Writing	Write meanings of new words *Answers comprehension question *Story map and worksheet
	November	Poem-Tulip	Appreciates nature and learns new vocabulary	Recitation Vocabulary	Draw and colour tulips *Write the summary of the poem *Answer textbook questions

	December	L.no 7 The Little Sofa L no-8 Sam and Mama Heron	Identify household objects and uses describing words Understands family relationship and communicates confidently	*Reading * Speaking *Critical Thinking * Writing *Reading * Speaking Social skills	Draw your favourite furniture Write meanings of new words *Answers comprehension question Family tree activity Write meanings of new words *Answers comprehension question
	January	Poem- If You Catch a Firefly L.no 9 Cleaning the Playground	Enjoys poetry and develops imagination Understands the importance of cleanliness and teamwork	Recitation Vocabulary Listening *Reading * Speaking *Critical Thinking * Writing	Poem recitation *Write the summary of the poem *Answer textbook questions Cleanliness poster
	February	Jijo and Elly Sera Learns to Fly	Understands friendship, kindness and empathy Recites with expression and understands courage and confidence	*Reading * Speaking values Recitation, confidence building	Draw your best friend and write 3 sentences Poem recitation and drawing activity
Kannada	June	ವರ್ಣಮಾಲೆ	ಸ್ವರಗಳು ಮತ್ತು ವ್ಯಂಜನಗಳ ಶುದ್ಧ ಉಚ್ಚಾರಣೆ ೧ ರಿಂದ ೧೦ ಅಂಕಗಳನ್ನು	ಅಕ್ಷರಗಳನ್ನು ಗುರುತಿಸುವ ಕೌಶಲ್ಯ ಅಂಕಗಳ ಓದುಗಾರಿಕೆಯ ಕೌಶಲ್ಯ	ಕಿರು ಪರೀಕ್ಷೆ

		ಅಂಕಿಗಳು ಸರಳ ಪದಗಳು	ಓದುವರು ಅಕ್ಷರಗಳನ್ನು ಸೇರಿಸಿ ಸರಳ ಪದಗಳನ್ನು ರಚಿಸುವರು	ಆಲಿಸುವ ಕೌಶಲ್ಯ	ಮೌಖಿಕ ಪರೀಕ್ಷೆ
	July	ಸ್ವರಚಿಹ್ನೆಗಳು ಅ - ಅಃ ಗುಣಿತಾಕ್ಷರ ಮತ್ತು ಸರಳ ಬಳ್ಳಿಗಳು ಕ - ಫ಼	ಸ್ವರ ಚಿಹ್ನೆಗಳನ್ನು ಹೇಗೆ ಬರಿಯಬೇಕುಎಂದು ತಿಳಿಯುವರು ಗುಣಿತಾಕ್ಷರ ಅಕ್ಷರಗಳನ್ನು ಓದಲು ಬರೆಯಲುಕಲಿಯುವರು	ಬರವಣಿಗೆಯಕೌಶಲ್ಯ ಅರ್ಥಗ್ರಹಣ ಕೌಶಲ್ಯ	ಮೌಖಿಕ ಪರೀಕ್ಷೆ
	August	ಗುಣಿತಾಕ್ಷರ ಮತ್ತು ಸರಳ ಬಳ್ಳಿಗಳು ಚ - ಣ ಅಂಕಿಗಳು	ಗುಣಿತಾಕ್ಷರಬರೆಯುವುದನ್ನು ಮತ್ತುಓದುವುದನ್ನುಕಲಿಯುವರು ೨೦ರಿಂದ೫೦ ಅಂಕಿಗಳನ್ನು ಬರೆಯುವರು	ಓದುಗಾರಿಕೆಕೌಶಲ್ಯ ಅಂಕಿಗಳನ್ನು ಗುರುತಿಸುವಕೌಶಲ್ಯ	ಮೌಖಿಕ ಪರೀಕ್ಷೆ
	September	ಪದಗಳ ರಚನೆ ಸರಳ ವ್ಯಾಕರಣಗಳು	ಸರಿಯಾದಲುಚ್ಚಾರಣೆ ಮತ್ತು ಪದರಚನೆಯಕೌಶಲ್ಯ ಹೊಂದುವರು ಸರಳ ವ್ಯಾಕರಣಗಳನ್ನು ಹೇಳಲು ಕಲಿಯುವರು	ಪದಗಳನ್ನು ಅರ್ಥಮಾಡಿಕೊಳ್ಳುವ ಕೌಶಲ್ಯ ಪದಗಳಿಂದ ವಾಕ್ಯರಚನೆ	ಕಿರು ಪರೀಕ್ಷೆ

	October	ಗುಣಿತಾಕ್ಷರ ಮತ್ತು ಸರಳ ಬಳ್ಳಿಗಳು ತ ದಿಂದಮ ಚಿತ್ರ ಗುರುತಿಸಿ	ಬಳ್ಳಿಗಳನ್ನು ಓದಲು ಮತ್ತು ಬರೆಯಲುಕಲಿಯುವರು	ಬರೆಯುವ ಮತ್ತುಓದುವಕೌಶಲ್ಯ	ಫ ಲಿಖಿತ ಪರೀಕ್ಷೆ
	November	ಅಂಕಿಗಳು ವ್ಯಾಕರಣ	೫೦ರಿಂದ೭೦ ಅಂಕಿಗಳನ್ನು ಬರೆಯುವರು ಪ್ರಾಸ ಪದಗಳ ಬಗ್ಗೆ ತಿಳಿಯುವರು	ದೈನಂದಿನ ಜೀವನದಲ್ಲಿ ಸಂಖ್ಯೆಗಳ ಬಳಕೆ	ಮೌಖಿಕ ಪರೀಕ್ಷೆ
	December	ಗುಣಿತಾಕ್ಷರ ಮತ್ತು ಸರಳ ಬಳ್ಳಿಗಳು ಪ ದಿಂದರ ಅಂಕಿಗಳು	ಗುಣಿತಾಕ್ಷರಗಳನ್ನು ಹಾವ ಭಾವಗಳ ಮೂಲಕ ಹೇಳಲು ಕಲಿಯುವರು ಅಂಕಿಗಳ ಜ್ಞಾನ ಹೊಂದುವರು	ಸರಿಯಾದ ಶಬ್ದ ರಚನೆ ಅಂಕಿಗಳನ್ನು ಓದುವಕೌಶಲ್ಯ	ಕಿರು ಪರೀಕ್ಷೆ
	January	ಮೂರು ಮತ್ತು ನಾಲ್ಕು ಅಕ್ಷರದ ಪದಗಳು ಸರಿಯಾದ ಪದ ಆರಿಸಿ ಬರೆ	ಸರಳ ಪದಗಳನ್ನು ಓದಲು ಮತ್ತು ಬರೆಯಲುಕಲಿಯುವರು ತಪ್ಪಾಗಿರುವ ಪದಗಳನ್ನು ಗುರುತಿಸುವರು	ಸರಿಯಾದ ಪದಗಳ ಬಳಕೆ ಕೌಶಲ್ಯ	೫ ಅಂಕಿಗಳ ಲಿಖಿತ ಪರೀಕ್ಷೆ

	February	ಗುಣಿತಾಕ್ಷರ ಮತ್ತು ಸರಳ ಬಳ್ಳಿಗಳು ಲ ದಿಂದ ೪ ಗುಣಿತಾಕ್ಷರ ಪದಗಳು	ಗುಣಿತಾಕ್ಷರ ಬಿಡಿಸಿ ಮತ್ತು ಕೊಡಿಸಿ ಬರೆಯಲು ಪ್ರಯತ್ನಿಸುವರು	ಗ್ರಹಿಸುವಿಕೆಯ ಕೌಶಲ್ಯ	೫ ಅಂಕಗಳ ಲಿಖಿತ ಪರೀಕ್ಷೆ
	March	ವರ್ಣಮಾಲೆ ಅಂಕಿಗಳು ಸರಳ ಪದಗಳು	ಸ್ವರಗಳು ಮತ್ತು ವ್ಯಂಜನಗಳ ಶುದ್ಧಉಚ್ಚಾರಣೆ ೧ ರಿಂದ ೧೦ ಅಂಕಿಗಳನ್ನು ಓದುವರು ಅಕ್ಷರಗಳನ್ನು ಸೇರಿಸಿ ಸರಳ ಪದಗಳನ್ನು ರಚಿಸುವರು	ಅಕ್ಷರಗಳನ್ನು ಗುರುತಿಸುವಕೌಶಲ್ಯ ಅಂಕಿಗಳ ಓದುಗಾರಿಕೆಯಕೌಶಲ್ಯ ಆಲಿಸುವ ಕೌಶಲ್ಯ	ಕಿರು ಪರೀಕ್ಷೆ ಮೌಖಿಕ ಪರೀಕ್ಷೆ
	March	Revision and exams.	ಸ್ವರ ಚಿಹ್ನೆಗಳನ್ನು ಹೇಗೆ ಬರೆಯಬೇಕು ಎಂದು ತಿಳಿಯುವರು ಗುಣಿತಾಕ್ಷರ ಅಕ್ಷರಗಳನ್ನು ಓದಲು ಬರೆಯಲು ಕಲಿಯುವರು	ಬರವಣಿಗೆಯಕೌಶಲ್ಯ ಅರ್ಥಗ್ರಹಣ ಕೌಶಲ್ಯ	ಮೌಖಿಕ ಪರೀಕ್ಷೆ
Hindi	April	Bridge course			
	June	1. स्वर 2. व्यंजन	* अ से आ की ध्वनि के अंतर को समझेंगे । * बच्चे क से श्र तक सही उच्चारण और उनकी पहचान कर सकेंगे ।	* पठन कौशल * लेखन कौशल * पठन कौशल * वाचन कौशल	बच्चों को चित्र दिखाकर उनको अक्षर लिखने के लिए कहना । बच्चों को देखकर व्यंजन के नाम लिखने के लिए कहना ।

				*लेखन कौशल	
	July	3. अ-आ	*बच्चे मात्रा सहित शब्द और उनके मेल से बनने वाले वाक्य पढ़ना और लिखना सीखेंगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल	आ की मात्रा के तीन अक्षर वाले 5 शब्द लिखने के लिए कहना । इ और ई की मात्रा के 5-5 शब्द लिखने के लिए कहना ।
		4 . इ-ई			
	August	5. उ-ऊ	* बच्चे मात्रा की ध्वनि, शुद्ध उच्चारण और उस मात्रा के शब्द पढ़ना- लिखना सीखेंगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल	किताब में उ, ऊ और ऋ की मात्रा की कविता नोटबुक में लिखने के लिए कहना ।
		6.ऋ			
	September	7.ए-ऐ	ए-ऐ की मात्रा वाले शब्द पढ़ने लिखने में समर्थ होंगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल	ए और ऐ की मात्रा के तीन अक्षर वाले 5 शब्द लिखने के लिए कहना ।
		8.ओ-औ	ओ-औ की मात्रा का सही उच्चारण और बनावट सीखेंगे ।		ओ और औ की मात्रा के तीन अक्षर वाले 5 शब्द लिखने के लिए कहना ।
	October	9. अं,अः,अँ	ँ, ः और ँ की मात्रा की सही पहचान कर सकेंगे शुद्ध उच्चारण करना सीखेंगे । बच्चे र के विभिन्न रूपों को पहचानेंगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल	अ,अः,अँ मात्रा के तीन अक्षर वाले 5 शब्द लिखने के लिए कहना ।
		10.(र, ॠ, ॡ)		*श्रवन कौशल * पठन कौशल * वाचन कौशल	(र, ॠ, ॡ) मात्रा के तीन अक्षर वाले 5 शब्द लिखने के लिए कहना ।

	November	11. जिसने सूरज चाँद बनाया ।	*कविता का आनंद लेंगे । *कविता का लययुक्त वाचन करेंगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल	कविता की पक्तियाँ पुरी कीजिए ।
	December	12. केशव का परिवार । 13. प्यारा घर	*परिवार से प्रेम करेंगे । *बड़ों का आदर करेंगे । *अपने घर से प्रेम करेंगे । *घर की उपयोगिता बताएँगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल *श्रवन कौशल * पठन कौशल * वाचन कौशल	पुल्लिंग स्त्रीलिंग के 5 उदाहरण लिखना । कौनसे भी 5-5 फल और सब्जियों के नाम लिखिए ।
	January	14. पाठशाला की बातें 15. हमारा परिवार	*अनुशासन का महत्व जानेंगे । *अपना कार्य समय पर करेंगे । *अपने विद्यालय के बारे में जानकारी देंगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल *श्रवन कौशल *वाचन कौशल	अपने परिवार के बारे में 5 वाक्य लिखिए।
	February	16. इनसे मिलिए	आपसी प्रेम और मेलजोल बढ़ेगा और सभी का आदर करेंगे ।	*श्रवन कौशल * पठन कौशल * वाचन कौशल	अनेक शब्दों से एक शब्द लिखिए ।
	March	Revision and exams.			
Maths	April	Bridge course			
	June	Unit 1: Shapes and spaces.	Students will be able to name and identify 2D	Visual Recognition skills.	*Draw and color the shapes.

		Unit 2: Numbers from 0 to 20	shapes like circle, square, triangle, rectangle. Understand number order and sequencing. Identify before, after, and between numbers	Counting and sequencing	* Draw any five real objects of different shapes. Master station. Number Recognition. Number sequencing Counting the objects.
	July	Unit 3: Addition up to 10	To Understand the concept of addition as combining. To Solve simple addition problems within 10	Problem-solving	Add the given sums. Add the following using number strip.
		Unit 4: Subtraction up to 10	Understand subtraction as taking away. Solve subtraction problems within 10.	Analytical thinking	Subtract the given sums. Add and subtract the following using number strip.
	August	Unit 5: Addition and subtraction up to 20.	Understand the relationship between addition and subtraction	*Fluency in basic operations *Critical thinking	Add and subtract the given sums. Add and subtract the following using number strip

		Unit 6: Numbers from 21 to 50	* Read, write, and represent numbers from 21 to 50 * Understand place value (tens and ones).	* Place value understanding *Number expansion *Comparing numbers	Say and write 21 to 50 number names. Write after, before and between numbers. Compare the given numbers and use $<$, $>$, $=$.
	September	Unit 7: Measurements	Compare objects using measurable attributes.	Estimation and Observation	Tick as instructed activity from the text-book.
	October	Unit 8:Numbers from 51 to 100	Read, write, and sequence numbers from 51 to 100 Compare and order numbers	Sequencing and ordering, Place value reinforcement	Say and write 51 to 100 numbers and number names. Write the missing numbers. Arrange the given numbers in Ascending and Descending order.
	November	Unit 9 :Addition and Subtraction up to 100.	Solve addition and subtraction problems up to 100	Problem-solving	

		Unit 10 :Time.	Understand daily routines and sequence of events	Time management awareness	Add the given Amounts.
	December	Unit 11: Money.	Recognize coins and currency.	Real life scenarios. Money Pictures. Collaborative learning.	Story sums of Money.
	December	Unit 12:Patterns.	Identify and create patterns.	Creativity Pattern recognition	Complete the given Patterns. Create patterns by using given shapes.
	January	Unit 13:Data Handling.	Collect and organize data *Interpret simple charts and graphs	Interpretation skills.	Sort and count given objects. Observe the given data and answer the following questions.
		Unit 14:Multiplication Readiness.	Understand multiplication as repeated addition.	Grouping and counting.	Observe the given pictures and answer the questions.

					Repeated addition.
	February	Revision and exams.			
	March	Revision and exams.			
EVS	April	Bridge course			
	June	Lesson 1: My Body Lesson 2: The food I Eat	- To list parts of the body - To explain the function of different parts of body - To name the types of meals we have - To discuss about the sources of food - To list some healthy eating habits	- Observation - Identifications - Classification - Classification - Decision - Making - Awareness	- Verbal questioning - Worksheet (label body parts) - Worksheet (match/sort food items) - verbal questioning
			•	•	•
	July	Lesson 3: My home	- To infer the importance of a home - To name the types of room in a home - List the functions of different rooms in a house	- Observation - Classification	- Worksheet (matching and sorting) - Oral questioning
			•	•	•
	August	Lesson 4: Clothes we wear	To infer why we wear clothes	- Awareness - Observation - Responsibility	- Verbal questioning - Worksheet (Match uses).

		Lesson 5: Living and non-living things	• Discuss the types of clothes we wear when it is warm, raining or cold • To explain the characteristic features of living and nonliving things • To infer why some things are nonliving • To differentiate between natural and human made things	• Reasoning • Observation • Awareness • Thinking skill	• List examples from surroundings
	September	Lesson 6: Plant Around Us	• To infer that plants, grow everywhere • To explain different types of plants	• Observation • Classification • Awareness	• Nature walk to observe plants • Collection of different types of leaves, flowers • Identification of forms of plants (Herb, Shrub, Tree)
		Lesson 7: Parts of plants	• To list different parts of a plants • To explain the functions of	• Observation • Classification • Awareness • Thinking skill	• Show the plant product such as (fruits, vegetables, wood),

			different parts of a plant.		• Sorting activity (parts of plants)
			•	•	•
	October	Lesson 8: Animals around us	• To infer that animal, live on land and in water • list the animals that live on land and in water • Name animals that live around you	• Observation • Classification • Awareness	• Show pictures of animals • Group discussion • Drawing activity
	November	Lesson 9: Seasons	• To name the three seasons of India • To discuss things we do and the cloths we wear in different seasons • To remember the precaution we must take during a hot day, rainy day and a cold days	• Observation • Awareness • classification	• Season chart activity • Oral question
	December	Lesson 10: The sky	• To describe the sky during the day and a night • To describe the moon looks different on different night	• Observation • Thinking skill • Vocabulary	• Oral question • Drawing • Evaluation • Participation
	January	Lesson 11: Air and water	• To tell that we can feel air when we move	• Awareness, • reasoning	• Simple activity like feeling air (blowing, using a fan).

			• To understand that air moves things • list the uses of air • Explain from a here we get water		• Observing moving leaves, flowers, grass, wind bell. • Balloon activity to show air occupies space.
	February	Revision			
P.E	April	Mass PT exercise	Help to tone up the body ,improves muscle strength, boost endurance and provides more oxygen to brain.	"Stand at ease and attention" class formation, 1 to 3 standing exercise with 16 counts for each exercise.	
	June	50 mtr Running race	Patience, self confidence and self esteem.	Start, Running and finish	
	July	Dumbells Exercises	*To Improve Stability and Balance *To Build Strength *To Increases Endurance *Maintains fitness and overall health *Versatile	No 4 Exercise Practice No 5 Exercise Practice	
	August	Mass PT exercise	Help to tone up the body ,improves muscle strength, boost endurance and provides more oxygen to brain.	"Stand at ease and attention" 4 to 10 standing exercise and 1 to 5 sitting exercise with 16 counts for each exercise.	
	September	Dumbells Exercises	*To Improve Stability and Balance *To Build Strength *To Increases Endurance *Maintains fitness and overall health *Versatile	No 6 Exercise Practice No 7 Exercise Practice	

	October	Dumbbells Exercises	*To Improve Stability and Balance *To Build Strength *To Increases Endurance *Maintains fitness and overall health.	Practice with music	
	November	Potato race	Develop gross and fine motor skills.develop control on body movements.Improve eye hand coordination.	Running, collecting the potatoes, keeping in a circle	
	December	Dog and Bone game	Helps build aptitude and social skills . Help child to learn about playinghappily with other children. Improves coordination and increases concentration.	Running,coordination, Stamina	
	January	Long Jump	Understand how to complete each phase to create maximum distance.	take -off, flight and landing	
	February	Warmup stretching exercise	To improve blood flow,prepares your muscles for stretching, Improved oxygen efficiency ,Warming up muscles, To prepare mentally and physically for chosen activity	Leg swings, Arm circles, Shoulder rolls, High knees, Neck turns, Hip swings,Jumping jack	
Computer-science	Month	Chapter / Topic	Learning Outcomes (competencies)	Skills Developed	Assignments
	June	1. Computer – My Friend	- Students understand that a computer helps us in daily life. - Students see computers as friendly and useful tools	- Basic awareness of computers. - Listening and observation skills	Storytelling about computers as friends. Showing pictures/videos of computers.

	July	2. Computer... A Machine	- Students know a computer is a machine. - Students understand machines make work easy.	- Identification of machines. - Thinking and comparison skills.	- Draw any one machine. - Write or say its use
	August	3. Uses of a Computer	- Students learn different uses of computers. - Students understand computers help in study and fun.	- Memory and recall skills. - Speaking skills.	- Draw one use of a computer. - Tell 2 uses in class.
	September	4. Parts of a Computer	- Students identify main parts of a computer. - Students know names like monitor, keyboard, mouse.	- Recognition and naming skills. - Visual learning skills	- Draw and label 3 parts. - Name parts orally.
	October	Revision			
	November	5. The Keyboard	- Students understand what a keyboard is. - Students know it is used for typing.	- Letter recognition. - Hand-eye coordination.	- Draw a keyboard. - Circle letter keys in worksheet
	December	6. The Mouse	- Students know the mouse is used to point and click. - Students learn basic mouse actions.	- Motor skills. - Coordination and control.	- Draw a mouse. - Show left and right click actions.
	January	7. Data and Storage	- Students understand data as information. - Students know computers store data.	- Basic understanding of saving information. - Thinking and memory skills	- Name 2 things stored in a computer. - Draw a storage device (like a pen drive).

	February	Revision	Revision	Revision	Revision
Arts	April	Monkey Paper Craft	Identifies monkey features and creates a paper craft.	Cutting, pasting, creativity, fine motor skills.	Make a monkey using coloured paper.
	June	Butterfly Drawing	Draws and colours a butterfly neatly.	Observation, colouring, hand-eye coordination.	Draw and colour a butterfly.
	July	Rat Drawing	Recognises the shape and features of a rat.	Pencil control, observation, creativity.	Draw and colour a rat.
	August	Hen Drawing	Identifies parts of a hen and draws it.	Drawing, colouring, observation.	Draw and colour a hen.
	September	Dog Thumbprint Drawing	Creates a dog using thumb impressions.	Finger painting, creativity, fine motor skills.	Make a dog using thumbprints and colours.
	October	Colourful Pumpkin	Forms colour combinations while colouring a pumpkin.	Colour recognition, colouring, creativity.	Draw and colour a pumpkin.
	November	Mango Tree Craft	Creates a mango tree using craft materials.	Cutting, pasting, imagination, fine motor skills.	Make a mango tree craft.
	December	Hat Craft	Designs and makes a paper hat.	Folding, cutting, creativity.	Make and decorate a paper hat.
	January	Rainbow Drawing	Identifies rainbow colours and draws them in sequence.	Colour sequencing, drawing, colouring.	Draw and colour a rainbow.
	February	Dadi Maa Drawing	Draws an elderly family member with care and respect.	Observation, drawing, expression.	Draw and colour Dadi Maa.
Yoga	April	Intro warm-up tadasana, Vrikshasana	Basic of Yoga	Balance, discipline	Benefits of yoga+ practice log
	June	Surya namaskar, trikonasana	Sequence & flexibility	Coordination	7-day chart

	July	Vajrasana ,Ushtrasana	Digestive health	Core Strength	Poster
	August	Bhujangasana	Back Strength	Posture	Reflection
	September	Paschimottanasana	Core & Flexibility	Breathing	Helthy lifestyle Poster
	October	Twisting Poses	Spinal health	Mobility	Demo
	November	Pranayama & Meditation	Stress Management	Mindfulness	Breathing Diary
	December	Padamasana	Concentration	Self-Discipline	Paragraph
	January	Balance Poses	Confidence	Balance	Practice record
	February	Revision	Independent Practice	Fitness	Portfolio
	March	Yoga Games	Teamwork	Leadership	Group Presentation